

Directions

0/0 steps made

1.

To prepare salad, remove chicken from bones; shred with 2 forks to measure 2 cups meat. Combine chicken, lettuce, and bell pepper in a large bowl.

2.

To prepare vinaigrette or Dressing, combine oil, lemon juice, Worcestershire sauce, Dijon mustard, sugar, salt, black pepper and crushed garlic in a bowl, stirring well with a whisk. Pour over salad; toss well. Sprinkle with croutons and cheese; toss gently to combine.